



# SIXTH FORM

## FRAMWELLGATE SCHOOL DURHAM

### Preparation for BTEC Studies: Health and Social Care

#### Specification:

Course Title	BTEC Level 3 National Diploma in Health and Social Care		Exam Board	Edexcel
Module	Title	Weighting	Assessment Method	
Unit 1	Human Lifespan Development	90	External	
Unit 2	Working in Health and Social Care	120	External	
Unit 4	Enquiries into Current Research in Health and Social Care	120	External	
Unit 5	Meeting Individual Care and Support Needs	90	Internal	
Unit 6	Work Experience in Health and Social Care	60	Internal	
Unit 7	Principles of Safe Practice in Health and Social Care	90	Internal	
Unit 8	Promoting Public Health	90	Internal	
Unit 10	Sociological Perspectives	60	Internal	

#### Resources needed for the first lesson in September:

- Files
- File dividers
- Lined paper
- Pens, pencils, rulers, highlighters

#### Recommended Textbook/revision guide:

- BTEC National Health and Social Care Student Book 1
- BTEC National Health and Social Care Student Book 2
- BTEC National Health and Social Care Revision Workbook
- BTEC National Health and Social Care Revision Guide

## Task:

### Unit 6: Work Experience in Health and Social Care

If you are thinking about a career in health and social care, then work experience is a good way of making you aware of the tasks and activities you may be required to carry out.

**Unit 6** will help you reflect on and develop your personal attributes and skills required for work in this sector, and extend your knowledge and understanding of the responsibilities of health and social care professionals.

Term	Explanation	Example(s)
Skills	These are 'things you can do' and are sometimes called competencies. They can be learned and can improve as you practise them or become more experienced	Computing skills; communication skills. For BTEC qualifications, these will often be highlighted within the qualification descriptor and associated 'learning outcomes.'
Personal qualities	Aspects of your personality that relate to your behaviour and aptitude. They tend to change only slowly.	Self-discipline; perseverance; energy. Relevant qualities may be highlighted in a job description.
Interests	Activities you do in your spare time, including volunteering and hobbies. They often involve developing and demonstrating your skills and personal qualities.	An artistic pastime that could show that you had good hand-eye coordination or a feel for fashion; a responsibility within a club could show you are dependable.
Motivations and values	The things that 'make you tick'; that energise your activities and give you ambition. Sometimes these 'drivers' may lie under the surface, and be difficult to express.	A strong concern about the status of the environment might influence your choice of potential jobs.
Employability	The combination of all of the above personality features that result in you being suited for a particular job.	A skill set related to numeracy coupled with the personal quality of trustworthiness (supported by experience as a club treasurer) might increase your 'attractiveness' to a potential employer in the finance sector.

## 1. Assess your personal qualities

Below is a list of personal qualities. Look through the list, and rate each for yourself on a scale of 1 to 5, where 1 = not strong, 3 = well developed and 5 = highly developed.

Adaptability	1   2   3   4   5	Personal fitness and health	1   2   3   4   5
Crisis management	1   2   3   4   5	Proactive approach	1   2   3   4   5
Determination	1   2   3   4   5	Seeing other's viewpoints	1   2   3   4   5
Energy	1   2   3   4   5	Self-discipline	1   2   3   4   5
Enthusiasm	1   2   3   4   5	Sense of purpose	1   2   3   4   5
Flexibility	1   2   3   4   5	Staying power/tenacity	1   2   3   4   5
Honesty	1   2   3   4   5	Taking the initiative	1   2   3   4   5
Innovation	1   2   3   4   5	Thoroughness	1   2   3   4   5
Integrity	1   2   3   4   5	Tolerance	1   2   3   4   5
Leadership	1   2   3   4   5	Willingness to take on challenges	1   2   3   4   5
Motivation	1   2   3   4   5	Other (specify)	1   2   3   4   5
Patience	1   2   3   4   5	Other (specify)	1   2   3   4   5
Perseverance	1   2   3   4   5	Other (specify)	1   2   3   4   5

For your three 'most developed' attributes, write down the evidence you might give to support that view

Personal quality	Evidence
<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	

## 2. Complete the National Career Service assessment

<https://nationalcareersservice.direct.gov.uk/skills-health-check/your-assessments>

Complete the skills health check and save your results as a pdf. Print a copy and bring it to your first lesson. What careers are suggested for you?

## 3. Research job roles within health and social care

<https://nationalcareersservice.direct.gov.uk/job-profiles>

Choose **two** job roles one that you are interested in and one that the National Career Service assessment suggests may suit you. Use the website above to research the skills, qualities, qualifications and experience you would need to complete the role.

Print your findings.

#### 4. Create a CV for yourself

Use the structure below to create a draft CV:

Personal details	Your full name, date of birth, contact address, contact phone numbers and email address.
Profile	A summary of your career plans.
Education	Place of Education and qualifications you have already achieved, including those that may be pending. Most people put current qualifications first and then work backwards.
Work experience	Details of past and current employment (both paid and voluntary). Include dates, employer's name and job title.
Skills and personal qualities	An indication of the match between your abilities and the job description.
Interests and activities	A chance to show your character and to indicate that you would be an interesting and enthusiastic colleague.
Referees	Name/contact details of those who have agreed to give a reference for you.

#### Reading and useful websites:

- [www.palgrave.com/studentstudyskills/page/about-personal-development](http://www.palgrave.com/studentstudyskills/page/about-personal-development) Personal Development Planning
- [www.pearsonschoolsandfecolleges.co.uk/FEAndVocational/WorkBased...](http://www.pearsonschoolsandfecolleges.co.uk/FEAndVocational/WorkBased...) Information on personal development
- [www.skillsforhealth.org.uk/standards/item/216-the-care-certificate](http://www.skillsforhealth.org.uk/standards/item/216-the-care-certificate)
- [www.skillsforhealth.org.uk/resources/case-studies/roles](http://www.skillsforhealth.org.uk/resources/case-studies/roles)
- [www.skillsforcare.org.uk/Home.aspx](http://www.skillsforcare.org.uk/Home.aspx)
- [www.skillsforcare.org.uk/Learning-development/Core-skills/Core-skills.aspx](http://www.skillsforcare.org.uk/Learning-development/Core-skills/Core-skills.aspx)

Deadline Date: **Tuesday 4<sup>th</sup> September**